

**TRAINING
2024/25**



**A STRONGER
VOICE
TOGETHER
FOR CHILDREN
AND YOUNG PEOPLE**

WELCOME

to our 2024-25 Training Programme!

To support our mission to strengthen the quality of youth and children's work across Edinburgh and the Lothians, the training programme is guided by the youth work sector and the needs of our member groups.

A clear example of this is that we have increased the offer of Internet Safety and Working with Young People. The safety and wellbeing of children and young people is paramount, especially online. This training supports our member groups to have staff that are competent and confident in carrying out their responsibilities for safeguarding and promoting children's wellbeing.

If you are new to youth and children's work, or an experienced youth and children's worker or in management, we guarantee our training programme has a number of courses for you! We aim to provide individuals new to youth and children's work with a good grounding in essential skills for working with children and young people. This includes accredited pathways via the *Ready for Youth Work (course at SCQF level 3 along with options to develop and upskill staff on topics such as UNCRC, Mental Health Matters, LGBT+ Inclusive Practice and/or a *PDA in Youth Work (SCQF Level 6)).

At LAYC, we also want to support the development of your knowledge, skills and confidence to assist children and young people to undertake Youth Scotland's Awards (*Hi5 Award, Dynamic Youth Award and Youth Achievement Awards) by including AWARDS training and support.

This year's training programme will include 50 courses from now until June 2025, introducing some new courses and delivery partners. Courses vary in length, time and day of provision so please read through and book your place!

Training Information

Is the training free?

- Training is free for LAYC member groups' staff and volunteers (except for First Aid training courses which cost £35).

How do I book onto a course?

- Visit www.layc.org.uk/training and click on the "Book Onto Courses Here" button.
- We aim to respond to your training request via the email address you provide within 3 working days
- If the course is fully booked, we will add you to the waiting list and we will be in touch if a space becomes available.
- Approximately 1-2 weeks prior to the course date, you will receive a pre-training reminder email with all the course details.

How many people can I book onto a course?

- To try and ensure that as many member groups as possible can access the training courses, for nearly all courses, there is a maximum of 2 people per organisation allowed on each training session. Additional people will go on a waiting list.

What is your cancellation policy?

- If you are unable to attend, please contact LAYC staff as soon as possible so we can offer the space to someone else.
- If you do not attend on the day or cancel with less than 2 working days' (Mon-Fri, 9am-5pm) notice, a cancellation fee of £25 may incur.
- If course numbers are low, LAYC may take the decision to cancel the course. Please take this into consideration when/if cancelling your place.

Evaluations

- Your feedback is valued and important in helping us to improve our training programme and demonstrate success to our funders. This helps to ensure we can continue to run free training evaluation.
- As a thank you for completing the evaluation, you will be entered into a prize draw for the chance to win a shopping voucher!

Keep up to date:

For the latest training news and updates, check out our website, bulletin and social media.

You can view full terms and conditions here



We look forward to seeing you soon!

Mentors in Violence Prevention



This training will introduce the Mentors in Violence Prevention model, and key activities used to:

- explore and challenge the attitudes, beliefs and cultural norms that underpin gender-based violence.
- address a range of behaviours including sexting, controlling behaviour, sexual harassment, and consent.
- be an active bystander with the ability to support and challenge their peers in a safe way.
- build healthy, respectful relationships both in the school and in the community.

Thursday 29 August @ Spartans Community Foundation [OR](#)

Thursday 6 Mar @ LAYC

10-5pm

Free to members



Trauma Informed Practice Level 1

This training is not designed to tell people how to treat trauma related difficulties. It is about raising awareness and addressing the barriers that people affected by trauma can experience when accessing care and support.

Learning outcomes:

- To recognise that trauma is common and understand trauma reactions
- To realise that trauma can impact on the experiences of individuals who access the services we deliver
- To be aware of how to respond to people who may be affected by trauma
- To highlight the importance of support and good self care

Thursday 5 September 10-1pm @ LAYC

Free to members.

£30 non-members

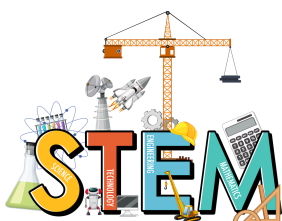


STEM Toolkit

STEM toolkit has 50 fun science, technology, engineering and math activities designed to be run in schools, youth clubs, community groups or at home.

In this workshop participants will have a chance to:

- Try out activities from the STEM toolkit and build their confidence in delivering STEM activities
- Learn how to inspire young people to engage in STEM by making it fun and engaging from an early age
- Learn more about the Hi5 Award as the STEM activities can be incorporated into the Hi5 Award, which is an SQA externally quality assured award at SCQF Level 2.



Wednesday 11 September 10-1pm @ LAYC

Free to members.

£30 non-members



Child Protection Awareness

The Child Protection Awareness training will cover the essential safeguarding and child protection procedures as detailed in the Multi-Agency Child Protection Procedures for Edinburgh and Lothians.

This training is for all staff who have regular contact with children and young people. The learning outcomes will address:

- the current context for child protection
- Developing/refreshing your understanding of child protection issues
- Raising your awareness of your role in the child protection process.

Anyone with management responsibility who may need to decide about what to do regarding a concern for a child should attend the Children Protection Officer Training.

- Thursday 12 September
 - Thursday 28 November
 - Thursday 16 January 2025
 - Thursday 27 March
 - Thursday 22 May
 - Thursday 12 June
- Each course 10am-1pm @ LAYC
Members only



Internet Safety & working with young people

This training aims to increase professionals knowledge of online child sexual abuse and how to respond to it – through education and safeguarding using the CEOP resource. The session will focus on:

- An introduction to online sexual abuse
- Children and young people online
- Non-consensual nude image sharing amongst children and young people
- Livestreaming
- Challenging victim blaming attitudes.

- Tuesday 17 September OR
- Thursday 6 February 2025 OR
- Wednesday 7 May

10am-1pm @LAYC
Free to members.



Money Counts

Money Counts training will provide you with practical tools to support the people you work with manage their finances and access financial support.

The course outcomes include:

- Increase awareness of scale, cause and impact of poverty
- Develop skills and confidence to ask about money worries
- Increase knowledge of available support for people who have money worries.

Tuesday 17 September
Online via Teams
1pm -2:30pm
Free to all



Illegal Money Lending

The Illegal Money Lending training will focus on loan sharks and how you could identify and support potential victims as more people are resorting to using loan sharks as a way to pay for everyday essentials as well as as unexpected costs.

The course outcomes include:

- Increase awareness of illegal money lending
- Improve people's knowledge of Scottish illegal Money Lending Unit (SIMLU)
- Increase awareness of how illegal lenders operate
- Help inform of the current illegal lending picture
- Increase partnership working.

Tues 24 September Online via Teams
10:30 - 12 noon
Free to all



Child Protection Officer

The Child Protection Officer training covers the essential safeguarding and child protection procedures as detailed in the Multi-Agency Child Protection Procedures for Edinburgh and Lothians.

This training is for staff with management responsibility who may need to make a decision about what to do regarding a concern for a child or young person.

This interactive session aims:

- To provide an understanding of the current legislation and procedures relating to Child Protection
- To explore the role and responsibilities of a CPO officer in a voluntary youth group
- To use case studies to consider responses to various child protection issues
- Input/discussion about digital safety issues.

Wednesday 25 September OR
Thursday 20 February 2025 OR
Tuesday 13 May
10am-5pm @ LAYC, Members only



Training Essentials: Youth Participation

This interactive workshop will:

- Look at what is youth participation
- How young people can become involved in decision making
- The Bored Meetings resource for supporting meeting skills for young decision makers
- A variety of resources and activities to support workers and young people to improve group decision-making skills
- How to carry out creative consultation and evaluation

Tuesday 1 October 10-4.30pm @ LAYC
Free to members.
£60 non-members



Engaging Young People in Local Greenspaces

In this introduction to Engaging Young People in Local Greenspaces we will cover how you might go about getting young people involved in their local environment. We'll briefly cover the following:

- The benefits of outdoor youth work
- Getting young people motivated to get involved
- Finding accessible and suitable greenspaces around you
- A range of practical activities including woodland skills, environmental games and activities, art and crafts
- Health and safety when working with groups outdoors including ratios, risk assessments, PPE and the weather
- A range of nature based awards you can create a programme of activities around

Wednesday 2 October 10am - 4pm @ Risk Factory
Free to members.
£60 non-members



Mental Health Matters

Mental Health Matters training programme supports the promotion of positive mental health and emotional wellbeing in staff, young people and families.

Each session contains a balance of discussion, group activities and opportunities for self-reflection.

Course content:

1. Mental Health - an introduction to risk & protective factors for mental health
2. Brain development across the lifespan
3. Managing stress and anxiety
4. Attachment & trauma
5. Resilience & Healing
6. Looking after our wellbeing



Thursday 3 & 10 October 10-5pm @ LAYC
Free to members.
£120 non-members



Delivering Effective Support and Supervision

This course will offer you an introduction to offering one to one support and supervision. Over the 2 half days you will explore:

- The functions, key stakeholders, and focus of effective support and supervision
- The beginning process constructively negotiating a supervision agreement and clarifying boundaries
- Help people to reflect on their work and learn from their experiences
- Identify a number of steps to develop as a supervisor

To learn, observe and reflect from this practice it is advisable that if you are currently in the role as line manager that you schedule at least 1 S&S session in between session 1 and session 2.

Session 2 offers an opportunity for sharing your reflection of any implementation or observation of this session.

Session 1: Wed 9 October online
Session 2: Tue 29 October @LAYC
10-1pm @ LAYC
Free to members.
£60 non-members



Understanding Autism

LEVEL 1

This interactive workshop will:

- Raise your awareness of what is meant by 'autism'
- Raise your awareness of other conditions that may co-occur with autism
- Identify challenges you as a worker may be faced with
- Explore briefly other conditions that may co-occur with autism such as ADHD, Dyslexia and Dyspraxia.
- Look at ways to work with young people with autism to access your services
- Where to access further information

Thursday 22 October 10-1pm @ LAYC

Free to members.

£60 non-members



LGBT+ Inclusive Practice in Youth and Children's Work

This interactive session will increase practitioner awareness and confidence around LGBT+ identities and will cover:

- Language and definitions
- How to make your setting more inclusive with simple top tips for practice
- Signposting to resources and a copy of the new resource Top Tips for Trans Inclusion in Youth Spaces

Wednesday 23 October 10am-1pm @ LAYC

Free to members

£30 non-members



Ready for Youth Work

Ready for Youth Work is a practical course over 2 days for new youth workers and volunteers to ensure that they can:

- Create a safe space for young people (incl.child protection awareness and Trauma informed Practice Level 1)
- Plan, deliver and evaluate fun youth work sessions for young people
- Engage young people meaningfully
- Celebrate and recognise their achievements.
- Accreditation available at SCQF level 3 you will be asked to do some portfolio building in your own time.

Thu 24 & 31 October OR

Wed 11 June & 18 June 2024

9:30am - 5pm @ LAYC

Free to members

Non-members, please contact LAYC for course costs.

Feedback from previous participants

” I found it very interesting and really enjoyed the way Emma taught us. She made very engaging and fun.



” Every single bit was so useful.



Closing Date for Applications is Friday 4th October 2024.

This exciting course will offer youth workers and volunteers from youth groups the chance to undertake a nationally recognised SQA qualification in youth work.

The PDA in Youth Work is made up of three units: Understanding and Exploring Youth Work, Engaging with Young People and Delivering Youth Work.

Participants will be required to complete all three units, three assessments and undertake a practical placement and observation within their workplace or the youth club/group where they volunteer.

- | | |
|-----------------------|--------------------|
| • Tue 5 November | PDA unit 1 (Day 1) |
| • Tue 12 November | (Day 2) |
| • Tue 21 January 2025 | PDA unit 2 (Day 3) |
| • Tue 28 January | (Day 4) |
| • Wed 12 March | PDA unit 3 (Day 5) |
| • Wed 30 April | (Day 6) |

10am - 4:30pm for all days @ LAYC

Free to members.

Non-members, please contact LAYC for course costs.

Entry Requirements

- All applicants/participants must be 18 + (Young leaders aged 16+ – 18 who are suitably experienced may also be considered) and be able to demonstrate that they:
- Have 1 year experience of regularly working/volunteering in a youth work setting.
- Have completed the Youth Scotland Ready for Youth Work 2-day course (in person or online 5 sessions) or equivalent covering core competencies as per the National Youth Work Induction Checklist.
- Have completed a Child Protection Awareness course in the past 2 years.
- Currently work or volunteer in a youth work setting
- Have written permission from their workplace or the youth group where they volunteer, confirming they can be observed delivering youth work as part of the PDA course.
- Are able to attend all the outlined training sessions and undertake all the required assessments.

This course has given me a greater insight of working with young people. It's given me a lot of confidence and more skills to add to my knowledge

I will be more reflective on sessions. I will plan ahead more.



Healthy Respect: Young People's Sexual Health (Core)

This training is for staff and volunteers working with young people in any context where an understanding of their sexual health needs is beneficial. We suggest participants attend this training prior to our other training courses where possible.

Content: Current sexual health issues for young people e.g. pornography, consent, inclusive approaches, sex and the law, sexually transmitted infections (STIs) and services.

Learning outcomes:

- Increased confidence in supporting young people with their sexual health needs
- Increased understanding of how gender stereotypes, media and social norms impact on young people's sexual health and relationships
- Gain knowledge of LGBT inclusive practice
- Increased knowledge of current sexual health issues for young people (for example consent, pornography, and sexual health services).

Thursday 7 November 2024 9.15-3.30pm @ LAYC
Free to members. LAYC/Healthy Respect Network
£60 non-members

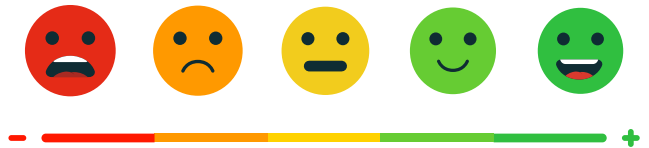


Understanding and Managing Behaviour that Challenges

This introductory workshop is designed to increase your understanding and raise awareness of how to manage behaviour that is challenging in a youth work setting.

This interactive session will cover:

- Framing the behaviour that presents as challenging,
- Understanding what drives behaviour
- Exploring strategies for working with behaviour that presents as challenging.
- Positive strategies to support behaviour – what to say, what to do and how to be.



Wednesday 13 November 10am-5pm @ LAYC
Free to members
£60 non-members



United Nations Convention of the Rights of the Child (UNCRC) What, Why, How?

This interactive session aims:

- To raise practitioner's awareness and develop their knowledge of UNCRC
- To support a rights-based practice across organisations
- To link rights-based practice to the Scottish legislation and policy context
- To enable children to know, understand and claim their rights.



Thursday 20 November @ LAYC
Free to members
£30 non members



CONNECT

FACILITATE

CHAMPION

Want to improve your knowledge and confidence when it comes to discussing tobacco, vaping and their impact on the mental health and wellbeing of young people?

Combining key facts alongside activities and resources you can use to engage young people in these topics, this interactive session will do just that.

Learning outcomes:

- Youth workers are knowledgeable about tobacco, vaping and their impact on the health and wellbeing of young people.
- Youth workers are able to confidently discuss the impacts of tobacco and vaping with young people.
- youth workers are aware of the resources and tools available to them to aid their discussions of tobacco and vaping with young people.

Tuesday 26 November 10-12pm @ LAYC
Free to members.
£30 non-members



This training is part of the “Transforming Psychological Trauma” framework developed by NES and the Scottish Government. The training must be attended in full and will focus on:

- Trauma and its Effects
- Recognising & Responding to Trauma
- Relationships & Recovery

Level 2 it is suitable for workers who have direct and frequent contact with young people who may be affected by trauma. This course involves a 2 hour e-module before the training.

(You do not necessarily need to have completed Level 1 to attend this course)

Wednesday 27 November 10-4.30pm @ LAYC
Free to members.
£60 non-members



NHS: Body Project

Join experienced NHS Lothian CAMHS clinicians who have been trained to deliver The Body Project; the world-leading evidence-based programme proven to prevent eating disorders and promote body acceptance.

The body project is a manual based body acceptance and eating disorder prevention programme.

We will be using 4 x 1 hour session manual during your training which is aimed at women and girls (12yrs old +). The training will be experiential, bring a pen!



Wednesday 15 & Thursday 16 January 2025
10-3pm @ LAYC
Free to members.
£120 non-members



Eating Disorders in Children and Young People Body Image & Social Media

This session aims to provide you with an:

- Overview of the different types of eating disorders in children and young people
- Information on how to spot the signs of an eating disorder
- How to refer for treatment
- Ideas on preventative work including group-based resources on body image for young people

Thursday 23 January 10-1pm @ LAYC
Free to members.
£30 non-members



Understanding Autism level 2

This training takes a closer look on the lessons of Understanding Autism Level 1, to support youth workers, play workers and volunteers to further understand the autistic community and how to better support autistic people in our groups.

Learning Outcomes:

- Understand the ways that autistic people will express themselves in everyday life and in conversation with others.
- Understanding of the autistic community and the language more commonly used within the autistic community
- Understand the ways trauma presents with autistic people and
- How we can change our practice to better support autistic people in our groups.

Wednesday 29 January 10-1pm @ LAYC

Free to members.

£30 non-members



Healthy Respect: Young People's Sexual Health

- Core

This training is for staff and volunteers working with young people in any context where an understanding of their sexual health needs is beneficial.

Content: Current sexual health issues for young people e.g. pornography, consent, inclusive approaches, sex and the law, sexually transmitted infections (STIs) and services.

Learning outcomes:

- Increased confidence in supporting young people with their sexual health needs
 - Increased understanding of how gender stereotypes, media and social norms impact on young
 - people's sexual health and relationships
 - Gain knowledge of LGBT inclusive practice
- Increased knowledge of current sexual health issues for young people (for example consent, pornography, and sexual health services).

Thursday 30 January 9.15-3.30pm @ LAYC

Free to members.

£60 non-members



Emergency First Aid at Work with Paediatric

This course is for youth workers, play workers and volunteers who wish to gain knowledge and experience of First Aid.

This interactive course will include:

- Recovery position,
- CPR and treatment for shock,
- Disorders of breathing, Hypothermia,
- Disorders of consciousness,
- Wounds and bleeding,
- Injuries to bones and soft tissue,
- Burns and scalds,
- Poisons, Miscellaneous conditions.

Certification is for 3 years and each individual receives a comprehensive handbook

Saturday 1 February 10am - 4.30pm @ LAYC OR

Wednesday 28 May 9.30am-3pm @LAYC

£35 members.

£70 non-members



LGBT+ Inclusive Practice in Youth and Children's Work

This interactive session will increase practitioner awareness and confidence around LGBT+ identities and will cover:

- Language and definitions
- How to make your setting more inclusive with simple top tips for practice
- Signposting to resources and a copy of the new resource Top Tips for Trans Inclusion in Youth Spaces



Tuesday 4 February 10am-1pm @ LAYC

Free to members.

£60 non-members



The 7 habits of happiness (7 SESSIONS)

This course aims to make participants more aware of how they can increase levels of happiness within themselves and their environment and gain a greater understanding of their own happiness.

Learning Outcomes:

- Create positive emotional habits
- Promoting mental and physical health
- Create self-awareness
- Increase self-esteem *Inspire compassion and kindness toward ourselves and others
- Increase resilience
- Increase social awareness

All sessions must be attended. Participants will be shown a range of tools and techniques that they can use in their daily lives to help improve their resilience, self-esteem, happiness, and wellbeing.

The 7 courses will take place ONLINE via ZOOM

10am - 11:30am on the following dates:

- Tuesday 18 February
- Tuesday 25 February
- Tuesday 4 March
- Tuesday 11 March
- Tuesday 18 March
- Tuesday 25 March
- Tuesday 1 April

Completion of this course will give participants further access to training on how to engage young people in the 7 Habits of Happiness.

Free to members.

Non-members, please contact LAYC for course costs.



Creative arts and crafts toolkit

The Youth Scotland Arts toolkit is a fun and creative activity toolkit featuring 25 arts and crafts activities for use in our awards or for any groups participating in creative activities.

Arts and crafts are a staple activity in any environment with young people. Our Arts Toolkit features 25 activities that are ready to use in any group with the minimum of fuss. Every activity has detailed instructions in clear English and a guide age group.

Our toolkit features 25 activities that all feature the following:

- Instructions on how to complete each activity
- What you need to run the activity
- What key skills are used in each activity
- Helpful hints, where useful
- Helpful diagrams, where useful.

Wednesday 19 February 10am-12pm @ LAYC

Free to members.

£30 non-members



What's Self Harm: Introduction Session

This introduction session has been developed by the NHS Greater Glasgow and Clyde Self Harm Forum. It is not training but aims to give:

- An overview of the self-harm when used as a coping strategy
- Help develop participants understanding of self-harm resources available



Tuesday 26 February 10am-12pm @ LAYC

Free to members. LAYC

£30 non-members



Healthy Respect: Confident RSHP

(Relationships, sexual health and parenthood)

This training is for teaching staff and those delivering sessions in school or community settings as part of a structured group work programme. We suggest participants attend young people's sexual health: Core first.

Content: Delivering quality relationships sexual health and parenthood (RSHP) education and an introduction to the national RSHP resource.

Learning outcomes:

- Feel more confident to deliver RSHP education
- Have increased knowledge of the evidence base and policy context for RSHP education
- Have increased understanding of effective and engaging ways to respond to young people and create a safe learning environment
- Be more familiar with the national rshp, scot educational resource

Tuesday 11 March 9.15-1pm @ LAYC

Free to members. LAYC/Healthy Respect Network
£30 non-members



Conflict Resolution

This interactive session will introduce participants to a variety of skills that will assist them to deal with conflict situations in a way that avoids the use of aggression

- Raise awareness of what conflict resolution means to you in your youth work role
- Increase knowledge and understanding of what techniques can be applied to support challenging situations
- Increase awareness of further support and help.



Thursday 13 March 10-1pm @ LAYC

Free to members.
£30 non-members



GIRFEC

This workshop aims to provide an:

- Overview of the refreshed Getting it Right For Every Child
- Development/refresh your understanding of Getting it Right For Every Child
- Understand how to promote children, young people's and families wellbeing in a youth and children's work setting by using the GIRFEC approach



Thursday 20 March 10am-1pm @ LAYC

Free to members.
£30 non-members



Healthy Respect: RSHP (Primary Aged Children)

Relationships, Sexual Health and Parenthood Education
(Primary Aged Children)

This interactive session will cover:

- The language we use to talk about bodies and relationships
- Puberty, consent, and online safety
- The Scottish resource - <https://rshp.scot/>
- How to respond with confidence and support key messages for children

Tuesday 25 March 10-1pm @ LAYC

Free to members.
£30 non-members



Parental Drug & Alcohol Use: Impact on Children & Young People

This session will:

- Look at the impact of parental alcohol use
- Give participants a better understanding of the issues young people face
- Look at how to support young people and signposting to other services.

Thursday 1 May 10-1pm @ LAYC
Free to members. LAYC
£30 non-members



SELF HARM: What's The Harm?

This workshop aims to help dispel the myths about self harm and equip participants to support people who may self harm. This will include input and discussions on the following:

- Definition of self harm, which recognises that it is predominantly a coping strategy,
- The difference between self harm and suicide,
- The emotional, social and physiological factors that may underlie self-harming behaviours,
- Reflect on your own feelings and reactions to self harm and how these can impact on interventions,
- Appropriate and safe responses/ interventions, including harm reduction
- Issues which impact on working with self harm within the context of your own workplace/role.

Thursday 8 May 10-5pm @ LAYC
Free to members.
£60 non-members



Imagine A Man

Talking about positive masculinity promotes healthier gender norms and create a more equitable and inclusive society. Positive masculinity benefits everyone.

The Imagine a Man training will cover all aspects of developing a positive masculinity programme for young people covering:

- Thinking it through
- Getting started
- Making it work
- Passing it on.



Tuesday 20 May 10am-1pm @ LAYC
Free to members.
£30 non-members



Young People & Drug use (including Alcohol)

This session aims to give participants the tools and knowledge to support young people by exploring:

- Young people's drug and alcohol use trends,
- Why young people use drugs and alcohol,
- Types of drug and alcohol use
- Risk and signs of problematic drug and alcohol use.
- Tools and resources to work with young people

Thursday 5 June 10-1pm @ LAYC
Free to members.
£30 non-members



Youth Work Essentials: Active Fun and Games

This fun workshop will:

- Provide practical tips and ideas on how to deliver simple games sessions to children and young people
- Focus on how to ensure safe space for children and young people using risk assessments
- Build your skills in promoting health in active sessions
- Increase your confidence in leading sessions.

Tuesday 10 June 10-4pm @ LAYC
Free to members. LAYC
£60 non-members



National Youth Work Induction Checklist

The Youth Work sector developed this checklist of topics that should be covered during induction training for youth workers. Facilitated by YouthLink Scotland's Youth Work Training Forum, this checklist should ensure inductions give a good sense of the values, principles, approaches and skills needed to deliver youth work as well as key practical considerations. These topics help practitioners to meet the National Occupational Standards for Youth Work and the competences for Community Learning and Development (CLD).

The purpose is to have a minimum induction standard across Scotland so that staff and volunteers can expect the same level of induction training wherever they practice and so that induction is transferable across organisations and locations. This recognises training that practitioners have already participated in, the time commitment they have given and the quality of induction provision across the youth work sector.

The principles of this checklist are:

- The pitch and level expected is one of awareness raising. There is an expectation that practitioners will do further training in these areas.
- The content should be adapted to your organisation and the nature of the young people you work with, making use of existing resources and learning opportunities.
- We have agreed a notional minimum learning time of two hours per section throughout the checklist.
- We would recommend that practitioners complete this induction within 12 months of starting youth work practice.

The full document can be accessed [here](#)

We have included a version of the checklist on the next page for you to link your training to each topic that is on offer via the LAYC programme

Understanding Young People in Society

- What is it like to be a young person?
- Young People's development:-Social-Physical-Emotional

Youth Work Skills

- Role of the Youth Worker
- Communicating with young people
- Group work
- Youth participation
- Digital youth work
- Practical Resources (ice breakers, team building)
- Dealing with and understanding challenging behaviour

Values and principles of youth work

- Nature and Purpose of Youth Work
- Values and principles
- Children's Human Rights
- CLD code of ethics
- Professional boundaries
- Handling difficult situations

Safeguarding and Child Protection

- Why PVG?
- Child protection and safeguarding procedures in your organisation
- Creating a safe youth work environment
- First Aid procedures
- Data protection

Equality and diversity

- Understanding young people's barriers to participation
- Inclusive youth work practice

Planning cycle in youth work

- National Youth Work Outcomes and Indicators (impact of youth work)
- Involving young people in planning
- Recording sessions
- Evaluation and reviewing
- Celebrating young people's achievements

Understanding your community

- What does youth work look like in your community?
- Partners and stakeholders
- Awareness of policy context of youth work e.g. National Youth Work Strategy

Working with your team

- Skills audit: what are you bringing to the team?
- Roles and responsibilities
- Teamwork
- Leadership

With thanks to our funders:



Nancie Massey
Charitable Trust



BairdWatson
charitable trust



Dr Guthrie's
Association

The Hope Trust

Whole Family Wellbeing Team



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